

UPDATES FROM THE FIELD

Energy Drinks plus Alcohol Pose a Public Health Threat

Researchers examined short-term consequences associated with consuming alcohol and energy drinks compared with consuming alcohol without energy drinks. Adding energy-drink use to a given day with alcohol use was associated with an increase in number of alcoholic drinks, a trend toward more hours spent drinking, elevated estimated blood alcohol content (eBAC), a greater likelihood of subjective intoxication, and more negative consequences of drinking that day. Use of energy drinks plus alcohol represents an emerging threat to public health.

To view the entire article visit:

<http://press-news.org/117521-energy-drinks-plus-alcohol-pose-a-public-health-threat.html>

Citation: *Journal of Adolescent Health* - 03 December 2013 (10.1016/j.jadohealth.2013.09.013)

More than Half of 12th Grade Binge Drinkers Drink Ten or More Drinks in a Row

More than half of 12th grade binge-drinking episodes involve drinking ten or more drinks in a row, according to the first National study to examine extreme binge drinking among youth. Between 2005 and 2011, one in five U.S. high school seniors reported binge drinking—drinking five or more drinks in a row in the last two weeks. Slightly more than one-half (52%) of these binge drinkers were extreme binge drinkers, defined as having consumed 10 to 14 (24%) or 15 or more (28%) drinks in a row. The study also found that while high school grades and college plans did not predict binge drinking at any level, students in more rural areas were more likely to report extreme binge drinking of 15 or more drinks in a row than students in more urban areas

To view the entire article visit:

<http://www.cesar.umd.edu/cesar/cesarfax/vol22/22-45.pdf>

Cesar Fax, Vol. 22, Issue 45; November 11, 2013

SUCCESS STORY – MISSOURI

Enforcing Underage Drinking Laws (EUDL) Interventions at Missouri's Whiteman Air Force Base Show Positive Results in Addressing Underage Drinking by Military Personnel

In 2009, OJJDP announced that the EUDL Discretionary Program would focus on developing collaborative efforts between the United States Air Force and communities located within close proximity to the base. With nearly 10% of their military population being younger than age 21 and accounting for nearly 43% of the on- and off-base alcohol-related problems, Whiteman Air Force Base (WAFB) was chosen as one of the National sites for

the program. The military and civilian partners from Missouri focused their efforts on reducing the commercial availability of alcohol to underage military personnel both on base and in the surrounding communities. The collaborative efforts of the military and civilian partners resulted in improved enforcement, policy development, and retailer accountability. To read January's Success Story in its entirety, visit the following link:

http://www.udetc.org/documents/success_stories/MO0114.pdf

UDETC NATIONAL WEBINAR

January 2014

Underage Drinking Laws: How are we Doing and Where are We Going?

Date: Thursday, January 23, 2014

Time: 3:00-4:00 p.m. ET

The enforcement of underage drinking laws remains one of the Nation's most significant public health and safety issues. For years, efforts to combat underage drinking have become more challenging and the law enforcement agencies and regulators charged with the enforcement of alcohol laws have adapted their work accordingly. The presenters will provide the audience with an overview of National efforts to address underage drinking using the alcohol regulation system(s). They will also share effective strategies and discuss how law enforcement agencies are adapting and expanding their efforts to reach the broadest possible audience while building upon past enforcement practices.

UDETC RESOURCES

New Online Distance Learning Course is Launched!

The UDETC is pleased to announce the release of its fifth distance learning course, *Source Investigations!* This 2-hour course looks at the importance of conducting source investigations in underage drinking events, the methodology, and the benefits to subsequent enforcement and environmental strategies.

Distance learning is an alternative to traditional on-site training. It allows for flexible scheduling, reduced travel costs, and offers trainees a learn-at-your-own-pace online environment. During 2014, the UDETC will launch two additional distance learning courses so watch for more information. For more information or to access the courses, visit:

<http://www.udetc.org/distancelearning.htm>

To print a copy of this month's *Resource Alert*, visit

www.udetc.org/documents/ResourceAlerts/ResourceAlert0114.pdf

Best Wishes for a Safe & Happy New Year!

Visit www.udetc.org for the latest information on underage drinking.



January 2014

Enforcing Underage Drinking Laws Interventions at Missouri's Whiteman Air Force Base Result in Increased Enforcement, Policy Enhancements and Base/Community Collaborations to Address Underage Drinking by Military Personnel

With nearly 10% of the military population at Whiteman Air Force Base (WAFB) being younger than age 21 and accounting for nearly 43% of the on- and off-base alcohol-related problems, the 2009 Enforcing Underage Drinking Laws (EUDL) Military Discretionary Grant was a great opportunity to reverse these trends. The military and civilian partners from Missouri focused their efforts on reducing the commercial availability of alcohol to underage military personnel both on base and in the surrounding communities.

Prior to receiving the discretionary grant, compliance check operations had not been conducted on base, and off-base compliance check rates in the surrounding community of Warrensburg were near 90%. With the 2009 grant funding, compliance check operations were conducted on base and in surrounding communities including Knob Noster and Holden, which had not been included prior to funding. A base-wide education plan was instituted to inform active duty and civilian personnel of the planned Alcohol Enforcement Team (AET) operations. Military personnel were also made aware of the laws concerning underage drinking including sales to minors (commercial sources), alcohol provision (social sources), minor in possession/consumption, impaired driving and other relevant laws. Community and base leaders provided Responsible Beverage Service training to on and off base retailers; law enforcement training was provided to officers (on and off base) to improve the enforcement of underage drinking laws.

The initial round of on-base compliance checks provided an opportunity for retailers to be educated on the laws and consequences for selling alcohol to underage patrons and to measure retailer compliance with the minimum legal drinking age laws (2012). Follow up compliance check operations on base reflected improved compliance rates ranging from 50% to 100% within a two-year period. Multi-agency memorandums of understanding were also established enabling smaller law enforcement agencies in adjacent communities to expand their staffing to address retailer compliance in the rural areas of the county. In response to WAFB's commitment to reducing underage

access to alcohol on base, alcohol is no longer sold at the Base Exchange, and the Base Shoppette (convenience store/gas station) implemented an institutional policy requiring an ID check for 100% of alcohol sales.

As a result of AET efforts in the local community, retail compliance rates have reached a high of 95%. Enforcement agencies involved in grant efforts include Warrensburg Police Department, Knob Noster Police Department, Holden Police Department, University of Central Missouri Department of Public Safety, Missouri Department of Public Safety, Missouri Division of Alcohol & Tobacco Control, the Missouri State Highway Patrol and WAFB Security Forces.

With a focus on policy development, enforcement and education, retailer accountability is improving. A local assessment completed by airmen at WAFB in 2012 indicated that 94% of military personnel between the ages of 17 and 20 felt that most airmen in their squadron knew the policies regarding underage consumption of alcohol on base, and 56% of respondents agreed or strongly agreed that most airmen in their squadron follow the policies regarding underage consumption of alcohol on base. Brigadier General Thomas Bussiere, WAFB 509th Wing Commander, and Jeff Huffman, EUDL Local Site Coordinator, agree the base culture has changed dramatically. There is now an overall awareness of alcohol laws, policies and consequences that was not present before the 2009 funding. Base leadership has sent a message that provision of alcohol to those younger than age 21 is unacceptable and those who are age 21 or older now know the critical role they play in the prevention of underage drinking.

For more information contact:

Jeff Huffman, EUDL Local Site Coordinator, University of Central Missouri, at 660-543-8989 or jhuffman@ucmo.edu; Dawn R. Zurmiller, EUDL-AF State Coordinator, at 573-301-3592 or Dawn.Zurmiller@dps.mo.gov; or Nancy McGee, Special Agent, Missouri Department of Public Safety, Alcohol & Tobacco Control, St. Louis, Missouri, at (314) 877-0325 or mcgeenm@sbcglobal.net.

This project was supported by Grant No. 2009-AH-FX-K001 awarded by the Office of Juvenile Justice and Delinquency Prevention, Office of Justice Programs, U.S. Department of Justice. Points of view or opinions in this document are those of the author and do not necessarily represent the official position or policies of the U.S. Department of Justice.

UDETC

NATIONAL
WEBINARS



OJJDP Underage Drinking
Enforcement Training Center

REGISTER NOW— ONLINE OR BY PHONE!



THURSDAY, JANUARY 23, 2014

3:00 – 4:00 pm Eastern

Underage Drinking Laws: How are we doing and where are we going?

The enforcement of underage drinking laws remains one of the nation's most significant public health and safety issues. For years, efforts to combat underage drinking have become more challenging and the law enforcement agencies and regulators charged with the enforcement of alcohol laws have adapted their work accordingly. The presenters will provide the audience with an overview of National efforts to address underage drinking using the alcohol regulation system(s). They will also share effective strategies and discuss how law enforcement agencies are adapting and expanding their efforts to reach the broadest possible audience while building upon past enforcement practices.

To register, please visit www.udetc.org/audioconfregistration.asp and complete the online registration form, or

To register by phone, please call our toll-free number, 1-877-335-1287, and follow the prompts.

SPEAKERS

- **Steve Schmidt**
VP of Public Policy/Communications
National Alcohol Beverage Control Assoc.
Alexandria, Virginia
- **Jim Wilson**
Director of Enforcement and Licensing
NH State Liquor Commission
Concord, New Hampshire
- **Sergeant Wes Kuhl**
Special Investigator
Arizona Department of Liquor Control

**Webinar connection instructions
will be sent immediately upon
electronic registration. Please be
sure to save that information as it
is unique to you and is not generic.**

Do you have an Underage Drinking Topic that would make a great National Webinar?

Send us your suggestions at udetc@udetc.org and put 'NES Topic Suggestion' in the subject line!

**THE UNDERAGE DRINKING
ENFORCEMENT TRAINING CENTER
PRESENTS**

DISTANCE LEARNING COURSES:



BEST PRACTICES TO REDUCE UNDERAGE DRINKING

The UDETC offers **NO-COST DISTANCE LEARNING** opportunities featuring courses that present best practices and strategies for enforcement of underage drinking laws and efforts to reduce underage drinking. Funded by an OJJDP grant, these web-based, on-line courses are designed to provide basic information to the participant and can serve as a foundation for on-site training provided by the UDETC. Participants can receive a certificate upon completion of one of these courses.



<http://www.udetc.org/distancelearning.htm>



CONDUCTING COMPLIANCE CHECK OPERATIONS

Four hour course provides guidelines and operational information on reducing alcohol sales to minors through compliance check operations.



ENVIRONMENTAL STRATEGIES

Two hour course provides information on effective environmental prevention strategies to address underage drinking.



PARTY PREVENTION & CONTROLLED PARTY DISPERSAL

Six hour course discusses the role of enforcement and the community in preventing and safely dispersing underage drinking parties.



TECHNIQUES FOR MANAGING SPECIAL EVENTS

Two hour course identifies the complexity of planning a special event. The course provides information on the role of enforcement, effective planning, proper management and policy application.



SOURCE INVESTIGATIONS

Two hour course discusses the importance of conducting source investigations for underage drinking events, methodology and the benefits of effective enforcement and environmental strategies.

This project was supported by Grant No. 2009-AH-FX-K001 awarded by the Office of Juvenile Justice and Delinquency Prevention, Office of Justice Programs, U.S. Department of Justice. Points of view or opinions in this document are those of the author and do not necessarily represent the official position or policies of the U.S. Department of Justice.

