



## UNDERAGE DRINKING:

*Intervention and Practice Guidelines  
for Community Corrections*



To obtain copies of today's program materials please visit:  
[http://www.udetc.org/audioconf\\_judicialpast.asp](http://www.udetc.org/audioconf_judicialpast.asp)




---

---

---

---


---

---


---

---

## Panelists

**Susan Burke**  
Director of Juvenile Justice Services  
State of Utah  
Salt Lake City, Utah



**Nathan Lowe**  
Research Associate  
American Probation and Parole Association  
Lexington, Kentucky

---

---

---

---

---

---

---

---

## A Devastating Tidal Wave of Alcohol-Related Harm Has Resulted

- 3170 deaths
- 300,000 DWI crashes
- 540,000 violent crimes
- 1.2 million property crimes
- 400,000 risky sexual encounters
- 100,000 alcohol poisonings & psychoses
- 70,000 kids in alcohol treatment

Miller, T.R. (2009) Societal Costs of Underage Drinking

---

---

---

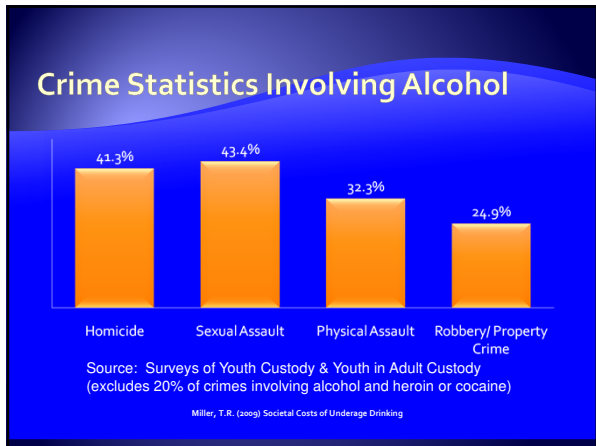
---

---

---

---

---



---

---

---

---

---

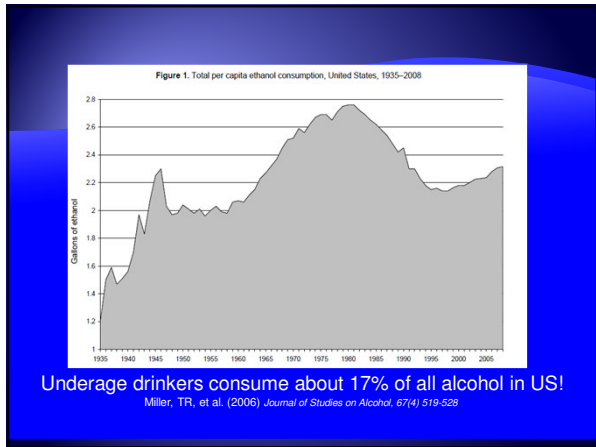
---

---

---

---

---



---

---

---

---

---

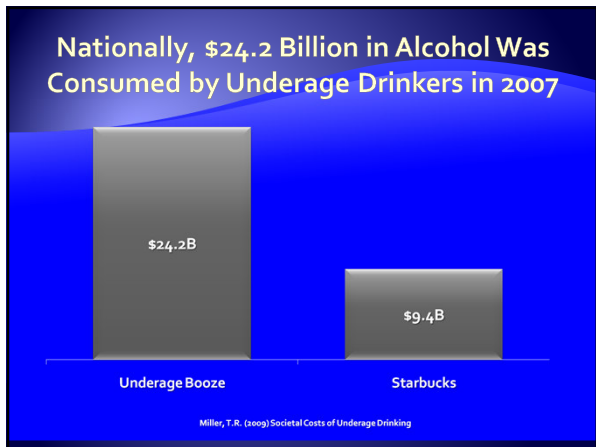
---

---

---

---

---



---

---

---

---

---

---

---

---

---

---

## Susan Burke



Director of Juvenile Justice Services  
State of Utah  
Salt Lake City, Utah

---

---

---

---

---

---

---

---

## Nathan Lowe



Research Associate  
American Probation and Parole  
Association  
Lexington, Kentucky

---

---

---

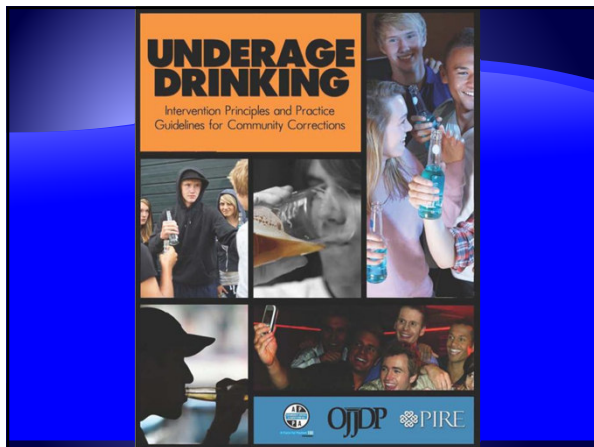
---

---

---

---

---



---

---

---

---

---

---



---

---

**Effective Practices for Underage Drinking Offenders:**

**Guidelines for Community Corrections**

This training session was developed by the American Probation and Parole Association, in partnership with the Pacific Institute for Research and Evaluation, and is made possible through funding by the Office of Juvenile Justice and Delinquency Prevention, U.S. Department of Justice.



---

---

---

---

---

---

---

---

**American Probation & Parole Association**



www.appa-net.org

**Pacific Institute for Research & Evaluation**



www.pire.org

---

---

---

---

---

---


---

---

A Forthcoming Publication...

**Underage Drinking:**  
*Intervention Principles and Practice Guidelines for  
Community Corrections*

Available for download on by the end of September at [www.appa-net.org](http://www.appa-net.org)



---

---

---

---

---

---

---

---

### Learning Objectives

The **goal** of this webinar is to educate community corrections professionals on evidence-based practices to use while working with underage drinking offenders.

By the conclusion of this webinar, participants will be able to:

- Explain the six principles for the community supervision of underage drinking offenders.
- Identify 4-8 practices that community supervision staff can implement to enhance their effectiveness with underage drinking offenders on their caseload.
- Describe how to enhance and/or engage in partnerships with other community agencies in prevention and intervention efforts around underage drinking.
- Discuss examples of community corrections agencies that have implemented promising practices in addressing underage drinking offenders.

---

---

---

---

---

---

---

---

### A Winning Combination of Strategies



---

---

---

---

---

---

---

---

### Principles for the Community Supervision of Underage Drinking Offenders



---

---

---

---

---

---

---

---

**Principle 1**  
Effectively addressing underage drinking requires a **comprehensive** approach.

A Force for Positive CHANGE.

---

---

---

---

---

---

---

---

**Principle 2**  
Responses by the justice system as a whole and by community supervision agencies in general should involve making the **least restrictive response** to youth that will ensure public safety.

A Force for Positive CHANGE.

---

---

---

---

---

---

---

---

**Principle 3**  
Assessment, intervention, and supervision of underage drinking offenders should be based, to the extent possible, in **practices** that have been demonstrated by **research** to be **effective**.

A Force for Positive CHANGE.

---

---

---

---

---

---

---

---



### Principle 4

Responses to underage drinking must demonstrate an understanding of the **cultural background** of the youth offenders.



---

---

---

---

---

---

---

---

### Principle 5

Community corrections agencies and practitioners should strive to increase their individual and collective knowledge of underage drinking and responses to it by engaging in **ongoing training** and **data collection** for **program evaluation** and **research**.



---

---

---

---

---

---

---

---

### Principle 6

Community corrections agencies and professionals should be aware of and **collaborate** with community-based and justice system strategies and programs to reduce underage drinking.



---

---

---

---

---

---

---

---

**Susan Burke**



Director of Juvenile Justice Services  
State of Utah  
Salt Lake City, Utah

---

---

---

---


---

---

---

---

*Effective Practices with Underage Drinking Offenders*



---

---

---

---


---

---

---

---

**Initial Screening for Alcohol Problems**



---

---

---

---

---

---

---

---

Is it only appropriate for a particular population?

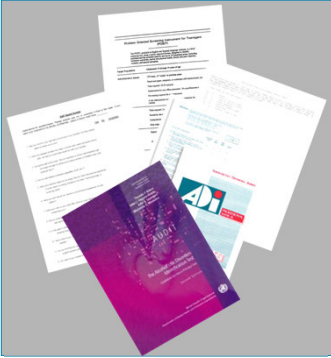

How user-friendly is it?

Does it require special training?

How reliable/valid is it?

Is it available in Spanish?

How costly is it?


---

---

---

---

---


---

---

---

### Screening Tools

<p><b>Public Domain</b></p> <ul style="list-style-type: none"> <li>• CRAFFT test</li> <li>• The CAGE Screening for Alcoholism</li> <li>• Alcohol use Disorders Identification Test (AUDIT)</li> </ul>	<p><b>Proprietary</b></p> <ul style="list-style-type: none"> <li>• Adolescent Drug Involvement Scale (ADIS)</li> <li>• Adolescent Drinking Index</li> <li>• Drug and Alcohol Problem Quick Screen</li> <li>• Personal Experience Screen Questionnaire</li> <li>• Rutgers Alcohol Problem Index</li> <li>• Problem Oriented Screening Instrument for Teenagers (POSIT)</li> </ul>
---	--




---

---

---

---

---


---

---

---

### CRAFFT TEST

<p><b>C</b> Have you ever ridden in a <b>car</b> driven by someone (including yourself) who was "high" or had been using alcohol or drugs?</p> <p><b>R</b> Do you ever use alcohol or drugs to <b>relax</b>, feel better about yourself or fit in?</p> <p><b>A</b> Do you ever use alcohol or drugs while you are by yourself, <b>alone</b>?</p>	<p><b>F</b> Do you ever <b>forget</b> things you did while using alcohol or drugs?</p> <p><b>F</b> Do your <b>family</b> or <b>friends</b> ever tell you that you should cut down on your drinking or drug use?</p> <p><b>T</b> Have you ever gotten into <b>trouble</b> while you were using alcohol or drugs?</p>
--	---



(Knight, Sheritt, Shrier, Harris, & Chang, 2002)

---

---

---


---

---


---

---

---



**Case Study**  
Clackamas County, Oregon




---

---

---

---

---

---

---

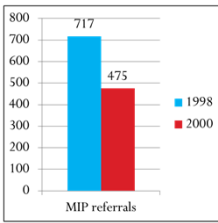
---

### Minor in Possession of Alcohol

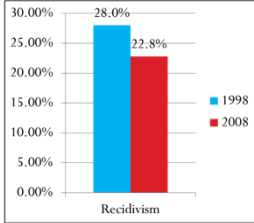
**Program Structure**

- For first-time offenders
- Alcohol-risk assessment
- DUII Victim's Panel
- Diversion Panel & Formal Accountability Agreement
- 8 weeks minimum
- Community service
- Youth and parent education

**O**  
**u**  
**t**  
**c**  
**o**  
**m**  
**e**  
**s**



Year	Referrals
1998	717
2000	475



Year	Recidivism Rate
1998	28.0%
2008	22.8%

---

---

---

---

---

---

---

---


### Actuarial Assessment

**Dynamic**

- Current Drug Problem
- Employment
- Education
- Attitudes/Beliefs
- Peer Associations

**Static**

- Age
- Family
- Criminal History




---

---

---

---

---

---

---

---

## Why Use an Assessment Tool?

Validates our assumptions

Provides direction on what to target

Helps gauge effectiveness of interventions

A Force for Positive CHANGE.

---

---

---

---

---

---

---

---

## Assessment Tools Website

<http://tools.reentrypolicy.org/assessments/instruments>

Reentry Policy Council

JUSTICE CENTER

Assessment Instruments: All Areas

- All Areas
- Criminal Justice
- Substance Abuse
- Mental Health
- Family Reintegration
- Housing
- Employment & Education
- Economic Status
- Reentry Plan
- Criminal Treatment
- Sex Offenders
- General

60 Instruments Relevant to All Areas

---

---

---

---

---

---

---

---

## Case Study

### San Diego County

A Force for Positive CHANGE.

---

---

---

---

---

---

---

---

### Community Assessment Team (CAT)

- A multi-agency intervention and prevention program
- Aimed at families with youth between 5-18 years old
- Teams – family support workers, A&D specialists, parent educators, therapists, probation officers, teacher and other professionals
- Teams provide assessments, prevention and intervention counseling, and referral services
- Enhanced case management and gender-responsive services



---

---

---

---

---

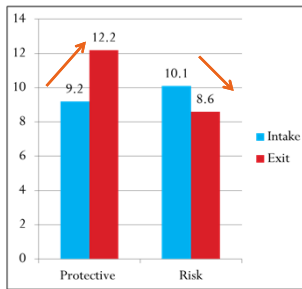
---

---

---

### CAT Outcomes

- Only 2% had a probation referral
- 1% had a sustained petitioned while in the program



---

---

---

---

---

---

---

---

### Substance Abuse Problems

Community/Neighborhood

School

Family

Peer/Individual



---

---

---


---

---

---

---

---




**Strengths & Assets**

Social Environment

Activities

Interests



---

---

---

---


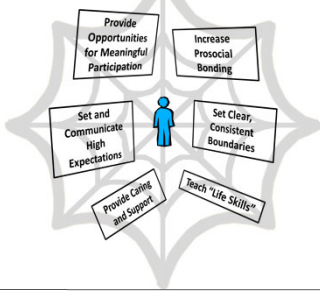
---

---

---

---

**Web of Resiliency**



---

---

---

---

---

---

---

---

**What is the most appropriate system-level response?**



---

---

---


---

---


---

---

---



Case Study  
Vermont teen Alcohol Safety



A Force for Positive CHANGE.

---

---

---

---


---

---

---


---

### Teen Alcohol Safety Program



```

    graph LR
      A[90%] --> B[Diversion  
$175 Fee  
Screening]
      C[10%] --> D["$300 Fine  
90-day  
suspension"]
      B --> E[80%  
complete]
      D --> F[20%  
fail]
      E --> F
  
```



A Force for Positive CHANGE.

---

---

---

---

---



---

---

---

### Case Plan

“[Case] Plans are written, structured *tools* that direct the offender and the probation/parole agent toward targeted activities and outcomes.”

A Force for Positive CHANGE.

Carey, M., Goff, D., Hinzman, G., Neff, A., Owens, B., & Albert, L. (2000). Field service case plans: Bane or gain? Perspectives, 24(2), p. 30.

---

---

---

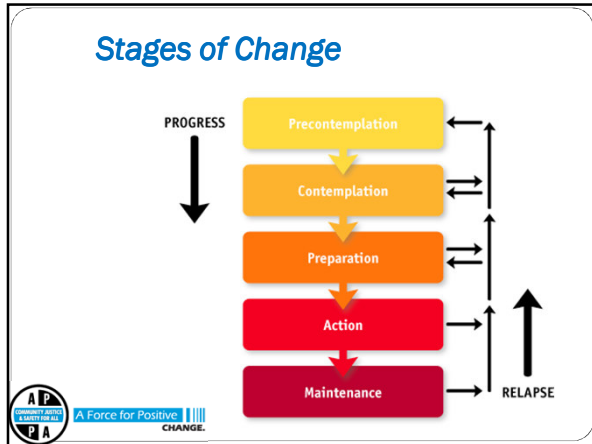
---

---

---

---

---



---

---

---

---

---

---

---

---

### Motivational Interviewing

Express empathy

Roll with resistance

Develop discrepancy

Support self-efficacy

**AP**  
American Probation and Parole Association  
**PPA**

A Force for Positive CHANGE.

---

---

---

---

---

---

---

---

### Nathan Lowe

Research Associate  
American Probation and Parole Association  
Lexington, Kentucky

---

---

---

---

---

---

---

---

### Ineffective Responses

- Providing information alone
- One shot programs
- Fear tactics
- Messages about not drinking until a person is "old enough"
- Clarification of values
- "Wrong" message from people in recovery
- Strategies focused on resisting peer pressure
- Increasing self-esteem



---

---

---

---

---

---

---

---

### Effective Prevention Programs

- Changing environmental factors
- Elementary and secondary school-based interventions to establish non-use norms
- Programs to provide parents with skills/impetus to monitor and supervise their children more vigorously



---

---

---

---

---

---

---

---

### Promising Interventions (Offenders)

- Cognitive behavioral approaches
- Skill-based Strategies
- Family-based strategies
- Peer-based strategies



---

---

---

---

---

---

---

---

### Evidence-Based Practices for Alcohol Treatment

- Assessment and treatment matching
- Comprehensive integrated approach
- Developmentally appropriate treatment
- Engage and retain
- Qualified staff
- Gender and cultural competence
- Relapse prevention
- Treatment outcomes



---

---

---

---

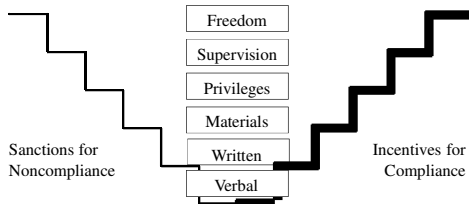
---

---

---

---

### Graduated Responses An Incremental Approach



---

---

---

---

---

---

---

---

### In Summary...

- Rethink our attitudes and biases about underage drinking offenders
- Become informed about the current underage drinking research and interventions
- Develop an individualized assessment and case plan
- Use effective strategies to change youth's behaviors that are appropriate for their individual needs.



---

---

---

---

---

---

---

---

**In summary...**

- Collaborate with community and justice system-based strategies/programs to reduce underage drinking
  - Services
  - Prevention
  - Advocacy



---

---

---

---

---

---

---

---



**So...What  
will you do  
differently?**



---

---

---

---

---

---

---

---

For Additional Information

**Tracy Mullins**  
**Deputy Director**  
**American Probation and**  
**Parole Association**  
**Lexington, Kentucky**  
859-244-8215  
[tmullins@csg.org](mailto:tmullins@csg.org)

---

---

---

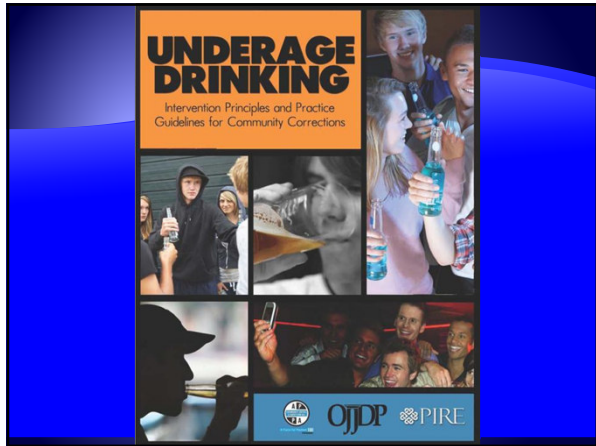
---

---

---

---

---



---

---

---

---

---

---

---

---

**Pacific Institute for Research  
and Evaluation**

Judicial-Probation Project  
11720 Beltsville Drive, Suite 900  
Calverton, MD 20705-3102  
[amoore@pire.org](mailto:amoore@pire.org)  
603-369-1766

<http://www.udetc.org/judicial/judicialproject.asp>

---

---

---

---

---

---

---

---

**Past Judicial Presentations**

Can be found on our judicial website which is:

<http://www.udetc.org/judicial/judicialaudio.asp>

---

---

---

---

---

---

---

---